Patience; time, years, days, hours and minutes. What an important virtue is patience!

Almost half of his life spent in prison and yet patience made Mandela strong.

Patience enabled him to endure difficult situations without abandoning his principles and the values he was struggling for.

However, patience doesn't come alone. It demands effort!

Waiting and persevering is much harder than giving up. It's a way of helping us to move forward in the face of adversity.

Patience allows us to not become crazy. Patience helps us transform our trials into successes. Patience is the path which leads to reflexion, justice, forgiveness and peace.

Thank you Nelson Mandela for your example. We still have so much to learn!

Nisrine ENNEBATI